

Bug Out Bag



Water

- ☐ containers (3 liters)
- ☐ hydration bladder
- ☐ purification tabs
- ☐ ability to boil water
- ☐ filtration system
- ☐ _____
- ☐ _____

Personal

- ☐ bandana/shemagh
- ☐ poncho/rain gear
- ☐ boonie hat
- ☐ gloves - work&warm
- ☐ socks, wool, (x2)
- ☐ change of clothes
- ☐ field jacket
- ☐ spare shoes/boots
- ☐ toothbrush/paste
- ☐ 1/2 bar soap
- ☐ sunscreen
- ☐ hand sanitizer
- ☐ toilet paper
- ☐ trowel
- ☐ lip balm
- ☐ eyewear (Rx)
- ☐ N95 mask
- ☐ _____
- ☐ _____

Utility

- ☐ large field knife
- ☐ folding saw
- ☐ multi-tool
- ☐ sharpening tool/stone
- ☐ LED flashlight
- ☐ LED headlamp
- ☐ compass & maps
- ☐ GPS & solar charger
- ☐ fire starting kit & tinder
- ☐ radio, hand crank/solar
- ☐ shelter/tarp/tent
- ☐ bedroll w/ground pad
- ☐ sewing kit
- ☐ duct tape & zip ties
- ☐ fish hooks & line
- ☐ snare wire
- ☐ 12 hr candle
- ☐ waterproof bag
- ☐ _____
- ☐ _____

Food

- ☐ survival meals (x3)
- ☐ extra food packets
- ☐ nutrition bars
- ☐ hard candy/gum
- ☐ hiking stove/fuel
- ☐ titanium cup/pot
- ☐ coffee
- ☐ powdered drink mix
- ☐ utensils
- ☐ trash bags
- ☐ _____
- ☐ _____

Basic First Aid

- ☐ airway
- ☐ tourniquet (x2)
- ☐ bleeding/bandage
- ☐ splinting
- ☐ ace wraps
- ☐ sterile gloves
- ☐ medications
- ☐ burn dressing
- ☐ medical tape
- ☐ disinfectant wipes
- ☐ _____
- ☐ _____

Defense

- ☐ firearm
- ☐ mags & ammo
- ☐ pepper spray
- ☐ optics
- ☐ _____

Other

- ☐ survival manual
- ☐ pencil/pen
- ☐ notepad
- ☐ whistle
- ☐ signal mirror
- ☐ orange air panel
- ☐ playing cards etc
- ☐ cash etc
- ☐ phone
- ☐ ID/personal docs
- ☐ the will to survive!
- ☐ _____
- ☐ _____

Bug Out Bag



Water

- ☐ containers (3 liters)
- ☐ hydration bladder
- ☐ purification tabs
- ☐ ability to boil water
- ☐ filtration system
- ☐ _____
- ☐ _____

Personal

- ☐ bandana/shemagh
- ☐ poncho/rain gear
- ☐ boonie hat
- ☐ gloves - work&warm
- ☐ socks, wool, (x2)
- ☐ change of clothes
- ☐ field jacket
- ☐ spare shoes/boots
- ☐ toothbrush/paste
- ☐ 1/2 bar soap
- ☐ sunscreen
- ☐ hand sanitizer
- ☐ toilet paper
- ☐ trowel
- ☐ lip balm
- ☐ eyewear (Rx)
- ☐ N95 mask
- ☐ _____
- ☐ _____

Utility

- ☐ large field knife
- ☐ folding saw
- ☐ multi-tool
- ☐ sharpening tool/stone
- ☐ LED flashlight
- ☐ LED headlamp
- ☐ compass & maps
- ☐ GPS & solar charger
- ☐ fire starting kit & tinder
- ☐ radio, hand crank/solar
- ☐ shelter/tarp/tent
- ☐ bedroll w/ground pad
- ☐ sewing kit
- ☐ duct tape & zip ties
- ☐ fish hooks & line
- ☐ snare wire
- ☐ 12 hr candle
- ☐ waterproof bag
- ☐ _____
- ☐ _____

Food

- ☐ survival meals (x3)
- ☐ extra food packets
- ☐ nutrition bars
- ☐ hard candy/gum
- ☐ hiking stove/fuel
- ☐ titanium cup/pot
- ☐ coffee
- ☐ powdered drink mix
- ☐ utensils
- ☐ trash bags
- ☐ _____
- ☐ _____

Basic First Aid

- ☐ airway
- ☐ tourniquet (x2)
- ☐ bleeding/bandage
- ☐ splinting
- ☐ ace wraps
- ☐ sterile gloves
- ☐ medications
- ☐ burn dressing
- ☐ medical tape
- ☐ disinfectant wipes
- ☐ _____
- ☐ _____

Defense

- ☐ firearm
- ☐ mags & ammo
- ☐ pepper spray
- ☐ optics
- ☐ _____

Other

- ☐ survival manual
- ☐ pencil/pen
- ☐ notepad
- ☐ whistle
- ☐ signal mirror
- ☐ orange air panel
- ☐ playing cards etc
- ☐ cash etc
- ☐ phone
- ☐ ID/personal docs
- ☐ the will to survive!
- ☐ _____
- ☐ _____